



Care In Action

CommunityCare of Lyme (CCL) is dedicated to strengthening a community of service where neighbors can live the healthy, comfortable lives they choose. Community members of all ages contribute to a caring culture that fosters support for individuals, families, and those “aging in place” in the Town of Lyme. Serving both those in need and those who wish to share time and talents, CCL links neighbors with trusted information, services, opportunities, and friends.

Ongoing work:

1. Becoming a “one-stop” contact for information and resources for residents of Lyme:
Contact Sarah Shipton, Program Director at 603-795-0603 or sshipton@cclyme.org
2. Compiling and distributing Lyme Events Calendar and Contractor and Services list
3. Strengthening the sense of community and place with warm, neighborly connections
 - ✦ Third Thursday Lunch
 - ✦ Community pot lucks
 - ✦ Supporting Lyme Congregational Church senior lunches
4. Welcoming new Lyme residents with visit and New Neighbor packet, teaming with FAST Squad Captain
5. Partnering with Parish Nurses, “Those Guys”, and other service organizations
 - ✦ Helping seniors stay in their homes and stay socially-connected
 - ✦ Connecting residents with local and regional health and wellness resources
 - ✦ Recruiting volunteers to meet increasing needs
6. Creating and/or co-sponsoring educational programs for the community
 - ✦ Advanced Care Planning
 - ✦ Introduction to Mindfulness
 - ✦ Aging in Place – Now What?
7. Building volunteer opportunities and connections
 - ✦ Sponsoring Lyme Day of Service, with the Lyme Collaborative
 - ✦ Joining the planning team for the Lyme Independence Day Celebration
 - ✦ Promoting participation in Lyme and regional service organizations
8. Collaborating in Lyme and beyond to build a healthy community
 - ✦ Acting to improve social, physical, emotional and spiritual health
 - ✦ Strengthening communication, coordination, and, data infrastructure
 - ✦ Sharing with and learning from other communities

CCL encourages everyone to be a healthy part of an ever-healthier Lyme community

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The Village Model

Membership is Central

- Active, engaged participants in the coordinated effort to build community
- In their various settings, Villages are built to be like ...

LYME

An authentic “village”

- CCL Village model: build on our strong network of neighbors and abundant services and support to ensure active participation in the coordination and utilization the of services

• **We are ALL members** •

CCL Guiding Principles

Inclusivity

- Include all Lyme community members, regardless of ability to pay
- Engage and serve individuals of all ages

Financial sustainability

- Maintain a primarily volunteer model, paying for central coordination and communication
- As a charitable organization, raise funds from a broad base of philanthropists and engaged community members
- Build community, business, and health care provider financial partnerships

Impact beyond Lyme

- Create a replicable model for the Upper Valley and beyond
- Contribute to research and ongoing efforts to improve health and healthcare

