

Time to Care Summit: Creating a Care Culture Across Generations, Communities & Systems

April 26th, 2022 8:45AM – 4:00PM Virtual Event

DRAFT AGENDA

8:30 Participants join: Networking Opportunity Join us early for virtual "Coffee Chatrooms", small group networking opportunities to meet fellow participants from across the region

8:45-8:55 Welcome to a day of shared learning and action planning! Jess Maurer, Executive Director, Maine Council on Aging Gabe Martinez, Director, FQHC Champion and Community Engagement, UnitedHealthCare, Premium Sponsor

8:55-9:55 Keynote Panel Presentation: Community Care Corps + Grantees

Darya Rahbar, Senior Program Associate, Community Care Corps (moderator) Judy Anderson, Director, Community & Volunteer Services, Aroostook Area Agency on Aging, Presque Isle, Maine Adrienne Smith, President and CEO, New Mexico Caregivers Coalition, Bernalillo, New Mexico Cheryl Thomas, Director of Research & Grants, Hospice of the Valley, Phoenix, Arizona Beth Wiggins, Director of Caregiving & Aging, FamilyMeans, Stillwater, Minnesota

9:55-10:15 Brainstorming Breakouts: How can we fill the care gap in our communities?

- 10:15-10:25 Report Back: Priority Actions
- **10:25-10:35** Wellness Break: Movement & Mindfulness Caitlin Sullivan, Program Officer, Point32Health Foundation, Sapphire Wellness Break Sponsor Presentation: Anna Guest, Community Education Director, Southern Maine Agency on Aging
- 10:35-11:00Presentation: Who are our formal support workers?Introduction by Maine Association of Area Agencies on Aging, Premium SponsorBrenda Gallant, Executive Director, Maine Long Term Care Ombudsman
- **11:00 -12:00 Panel Presentation: What is happening at the State level?** Lisa Henderson, Executive Director, LeadingAge Maine/New Hampshire (moderator) Wendi Aultman, Bureau Chief, New Hampshire BEAS Paul Saucier. Director, Office of Aging and Disability Services, Maine DHHS Angela Smith-Dieng, Director, Adult Services Division, Vermont DAIL

12:00-12:45 LUNCH BREAK

12:45-12:50 Welcome (Back) to an afternoon of shared learning and action planning!

Jess Maurer, Executive Director, Maine Council on Aging Welcome from Healthy Living for ME, Gold Sponsor

12:50-2:00 Panel Presentation: Community & State Initiatives that work

We'll be joined by a panel of community initiatives, programs, providers, organizations, and businesses to share what's working in our communities across the region to build an integrated system of care at the community level and to build a strong formal workforce. Laura Davie, Co-Director, Center on Aging and Community Living, UNH (moderator) Dick Aplin, Resident, and Crystal Hayes, Staff, RiverWoods Exeter Kristin Barnum, Executive Director, Community Nurse Connection, Lebanon, NH Carissa Elphick, Director of Human Service Programs, Partnership for Public Health, NH Marianne Jackson, Executive Director, Mount Washington Valley Senior Center, NH Deanna Jones, Executive Director, The Thompson Senior Center, Woodstock, VT Erica Marks, Director of Volunteer Services, Age Well, Colchester, VT Thomas Newman, Executive Director, Alpha One, ME

2:00-2:10 Wellness Break: Movement & Mindfulness

Welcome from Sapphire Wellness Break Sponsor Presentation: Jennifer Fortin, Training & Fidelity Manager, Healthy Living for ME

2:10-2:55 Discussion Tracks: Weaving a Culture of Care

Attendees will self-select a discussion track to take a deeper dive through interactive conversations on how we can leverage our existing systems to create a culture of care.

Discussion Tracks:

- Advocacy & Policy
- Outreach & Messaging
- Growing our Paid Care Workforce
- Bridging the Gap: Building the Informal Care Network/Leveraging Volunteers
- Supporting Care Partners
- Expanding Partnerships

2:55-3:05 Report Back: Bridges to Solutions

3:05-3:35 Afternoon Keynote Presentation: Congresswoman Annie Kuster, United States Representative, New Hampshire Introduction by Laura Davie, Co-Director, Center on Aging and Community Living, UNH The closing keynote presentation from Congresswoman Kuster will share her policy perspective and her own personal story as a care partner to continue to help inspire us and mobilize our efforts to create a care culture.

3:35-3:45 Reflection: Where do we go from here?

4:00 Closing